



PACIFIC
SWIMMING



LONG COURSE FAR WESTERN CHAMPIONSHIPS

West Coast Aquatics

Wednesday – Sunday, August 1 – 5, 2012

Enter online at <http://ome.swimconnection.com/pc/west20120801>

SANCTION: Sanctioned by USA Swimming/Pacific Swimming # 12-122

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. By entering the meet, the athlete or his/her guardian consents to this publication.

USE OF AUDIO AND VIDEO: Use of audio or visual recording devices, including a cell phone camera, is not permitted in any changing areas, rest rooms or locker rooms.

OFFICIALS:

Head Referee:	Frank Suchomel
Head Starter:	Mike Davis
Head Marshal:	Sonny Diep
Meet Director:	Verónica Hernández, vernhernwest@gmail.com

CERTIFICATION MEET: This is a National Officials Qualifying Meet. Officials wishing to be evaluated must apply to the Meet Referee before the meet by email or when they first arrive at the meet and attend pre-session meetings. Briefing will occur one hour before the start of Trials and Finals. Officials dress for finals is white polo shirts/blouse, blue long pants or skirts, and closed white athletic shoes. For an N3 evaluation to be valid it must be done over 4 sessions in the position. N2 evaluation must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions, however, the official must work at least 4 sessions at the meet for the recertification evaluation(s) to be valid. The application form can be obtained found on the Pacific Swimming Website.

LOCATION: Frank Fiscalini International Swim Center at Independence High School, 627 North Jackson Avenue, San Jose, CA 95133. From Interstate-680, exit McKee Road and head west, away from the foothills. Turn right at first light, which is Jackson Avenue. Turn left into the parking lot at the second traffic light, which is just after the football stadium. From Highway-101, exit McKee Road and head east, toward the foothills. Go down McKee to the 7th traffic light which will be Jackson Ave. Turn Left on Jackson. At second light turn left into the pool parking lot.

COURSE: 25 yard by 50 meter outdoor, heated pool. Eight (8) lanes of competition are available, with a separate 25 yard, 7 lane diving well for warm up and warm down each day. The minimum water depth at the shallow end of the competition pool measures 4.5 feet, with a maximum depth of 7 feet, and is in accordance with article 103.2.3. This competition course has been certified in accordance with 104.2.2C(4).

TIME: Warm-up begins each day at 7:00 AM, and with preliminary competition beginning at 9:00 AM. Final competition will begin no earlier than one hour after the conclusion of Prelims. The exact time will be determined by the Head Referee and announced as early as practical.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. **Each swimmer is limited to three (3) individual events per day, and a maximum of nine (9) individual events, plus relays for the entire meet. All coaches and deck officials must wear their USA Swimming (USA-S) membership cards in a visible manner.**

SPECIAL RULES: The 400 IM & 400 Freestyle will be swum fastest to slowest. The 800 and 1500 meter freestyles will be swum fastest to slowest as timed finals. **All swimmers in the 400 IM, 400, 800 and 1500 meter freestyle must provide their own timers, and swimmers in the 800 and 1500 meter freestyle must provide their own lap counters.** The 400 IM, 400, 800 & 1500 freestyle will be swum in combined age groups of 11-18 year olds. These events will be scored and awarded by age group. The 800 & 1500 freestyle events may be swam with two swimmers per lane starting at opposing ends at the discretion of the Head Referee and dependent upon the number of entries and the estimated timeline. The 800 and 1500 swimmers may check in from the first day until 60 minutes prior to the start of the event.

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member-coach as being proficient in performing a racing starts, or must start all races in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas, and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue, which encompass the entire campus of Independence High School. Animals are prohibited in the pool deck area at all times, with the exception of assistance animals for the disabled. No propane containers, other than provided for the snack bar, are allowed in all areas of the meet venue. No glass containers allowed on deck. Except for coaches' seating next to the pool, no chairs, canopies, tents, or "camping" on the competition deck area is allowed. All chairs, canopies, tents, or other setups must be in designated setup areas only.

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. All swimmers' registrations will be checked against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Swimmers must have met the Pacific Swimming Far Western conforming Long Course Meters, or non-conforming short course meters or yards time standard for each event entered. Swimmers 19 years of age and older may participate in events for the 17-18 age group provided they have met the time standard for that age group. They will not be eligible to swim in finals or receive awards. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

Visiting "All-Star" teams are welcome. "All-Star" teams are defined as teams officially representing an LSC or a federation outside of the United States. Individual swimmers can score points towards high point awards, but such teams will not be in contention for team awards. All-Star relays can win awards, but will not score points.

PROOF OF TIME: Proof of time will be required for this meet per Pacific Swimming Rule 4.C.2. All entry times will be verified against the USA-S SWIMS database. Entry times must have been achieved after February 1, 2011 and prior to the closing date of entries for the meet (Wednesday, 11:59 PM, PST, July 25, 2012). If a time cannot be proven prior to the meet, the swimmer will not be allowed to check-in for pertaining event until the entry time has been proven. When possible, the coaches will be notified of the swimmers who have not proven the entry time. No refunds will be given for events whose entry time cannot be proven. Swimmers from foreign swim federations must provide proof of all entry times at time of entry.

ENTRIES: Swimmers may enter this meet online or by mail. Online meet entry is in no way required or expected in order to enter this meet. Entry forms must be completely filled out, including best conforming long course meters, short course meters or short course yards times for each event. LCM, SCM, or SCY must be noted to the right of the each entry time. Entries (individual and relay) and fees must be **postmarked by midnight Monday, July 23, 2012 PST**. Entries (individual and relay) that are hand delivered or sent via overnight delivery to 2540 Yerba Hills Court, San Jose, CA 95121, will be accepted if they are received with appropriate fees no later than **Wednesday, July 25, 2012 by 9:00 PM PST**. **Do not require a signature for mailed entries. No Late Entries will be accepted. No Refunds will be made. No faxed, email, or phone entries will be accepted. Entries without payment will not be accepted. Entries with converted times will not be accepted.**

ENTRY FEES: \$10.00 participation fee per swimmer, \$5.50 per individual event, and \$20 per relay entry. **Relay only swimmers do not have to pay the participation fee.** Fees must be included with entries. Checks or Money Orders only.

Make check payable to: West Coast Aquatics
Mail or hand delivered to: WEST Meet Director
2540 Yerba Hills Court
San Jose, CA 95121

Online Meet Entries: Enter at: <http://ome.swimconnection.com/pc/west20120801> to receive immediate confirmation of acceptance by email. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using the secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. Online entries must be completed by 11:59PM PST, on Wednesday, July 25, 2012. No entries will be accepted after this time.

Postal System Mailed Entries: Entries must be completed on the attached Consolidated Entry Form. Entry times must be completely filled out including best conforming long course meters, short course meters or short course yards times for each event. All entries must be postmarked by midnight Monday, July 23, 2012, or hand delivered to the above address by 9:00 PM on Wednesday, July 25, 2012. All entries will be considered in the order in which they were received. No late entries will be accepted. No refunds will be made. Enclose a self-addressed and stamped envelope if you wish to receive confirmation of entry.

RELAYS: All relay entries must be received by the deadline (Wednesday, July 25, 2012) with entry times listed and a check for relay entry fees included. There will be no refunds for relays not swum. Any relay swimmer not entered in an individual event or not listed on the "Relay Only Swimmers Entry List" will not be allowed to swim in a relay. Relay swimmers must swim in their appropriate age group (no "swimming up"). No deck entered relays or relay swimmers. All relays will be swum as Timed Finals during the Finals sessions.

CHECK-IN: This meet will be deck seeded. Swimmers **must** check-in at the Clerk-of-Course each day. The close of check-in for all events shall be no earlier than 60 minutes before the estimated start time of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: The Pacific Swimming scratch rules will be in effect. A copy of these rules will be posted at the Clerk-of-Course. **Swimmers entered in an individual event in a Trials and Finals meet that is seeded on the deck that have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from rest of his/her events that day including relays.** If the swimmer qualified for a final before missing an event they may swim that final. The penalty will not apply if the Head Referee accepts proof that the failure to swim has been caused by illness, injury, or other circumstances out of the swimmer's control. Any swimmer qualifying for a final race in an individual event, who fails to show in said final race, prior to calling the alternate, shall be barred from further competition for the remainder of the meet. If the No-Show occurs on the last day that the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable, **the swimmer shall then be fined \$25.00. Swimmers have 30 minutes after the results of an event are announced to scratch or declare their intent to scratch.**

SEEDING: Seeding will be in the following order: conforming Long Course Meters, non-conforming Short Course Meters, non-conforming Short Course Yards in accordance with USA-S rule 207.12.7B. Preliminary heats will be swum slowest to fastest, with the exception of individual events of distances 400 and greater. (See Special Rules above)

SCORING:

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Individual events	9	7	6	5	4	3	2	1
Relay events	18	14	12	10	8	6	4	2

AWARDS: Individual events will be awarded 1st through 8th places medals. Relay events will be awarded medals for 1st to 3rd place and Rosettes for 4th through 8th. Individual High Point awards will be given to each age group and gender. Team trophies will be awarded to the 1st, 2nd and 3rd place teams. Events that contain multiple age group participants will be awarded separately, unless it is a 10 & Under event. The 10 & Under events will be awarded as one age group. Swimmers 19 years of age and older will not receive awards. **A team representative must pick up their swim team's awards at the conclusion of the meet at the awards desk. Awards will not be handed out to individuals, unless the swimmer is unattached. Awards will not be mailed.**

ADMISSION: Free. A limited number of five-day programs will be available for purchase at the meet for a reasonable price.

HOSPITALITY: Meals and refreshments will be provided for working officials and coaches. Refreshments and snacks will be provided for timers.

SNACK BAR: A full snack bar with food and drinks will be available.

SEATING: WEST will be providing tables, chairs and canopies for all coaches around the pool deck. Set-up elsewhere outside of the pool facility is allowed, but at the individual owner's risk. Any items left outside of the pool gates overnight will not be guarded. Seating in front of doors and other buildings may be moved by the marshal and other meet staff.

MEET EVENT SUMMARY

Wednesday August 1st, 2012				
10 & under	11-12	13-14	15-16	17-18
	200 Backstroke	200 Backstroke	200 Backstroke	200 Backstroke
	100 Freestyle	100 Freestyle	100 Freestyle	100 Freestyle
	50 Breaststroke	400 IM (W)	400 IM (W)	400 IM (W)
	400 IM (W)	1500 Freestyle (M)	1500 Freestyle (M)	1500 Freestyle (M)
	1500 Freestyle (M)	400 Free Relay	400 Free Relay	

Thursday August 2nd, 2012				
10 & under	11-12	13-14	15-16	17-18
100 Backstroke	100 Backstroke	100 Backstroke	100 Backstroke	100 Backstroke
50 Breaststroke	200 Breaststroke	200 Breaststroke	200 Breaststroke	200 Breaststroke
50 Butterfly	50 Butterfly	400 IM (M)	400 IM (M)	400 IM (M)
	400 IM (M)	800 Free (W)	800 Free (W)	800 Free (W)
	800 Free (W)	400 Medley Relay	400 Medley Relay	
	400 Medley Relay			

Friday August 3rd, 2012				
10 & under	11-12	13-14	15-16	17-18
200 IM	200 IM	200 IM	200 IM	200 IM
50 Freestyle	50 Freestyle	50 Freestyle	50 Freestyle	50 Freestyle
400 Freestyle (M)	400 Freestyle (M)	400 Freestyle (M)	400 Freestyle (M)	400 Freestyle (M)
	1500 Freestyle (W)	1500 Freestyle (W)	1500 Freestyle (W)	1500 Freestyle (W)
	200 Free Relay	200 Free Relay	200 Free Relay	

Saturday August 4th, 2012				
10 & under	11-12	13-14	15-16	17-18
200 Freestyle	200 Freestyle	200 Freestyle	200 Freestyle	200 Freestyle
100 Freestyle	200 Butterfly	200 Butterfly	200 Butterfly	200 Butterfly
400 Freestyle (W)	400 Freestyle (W)	400 Freestyle (W)	400 Freestyle (W)	400 Freestyle (W)
200 Free Relay	400 Free Relay	800 Free Relay	800 Free Relay	

Sunday August 5th, 2012				
10 & under	11-12	13-14	15-16	17-18
100 Breaststroke	100 Breaststroke	100 Breaststroke	100 Breaststroke	100 Breaststroke
50 Backstroke	50 Backstroke	100 Butterfly	100 Butterfly	100 Butterfly
100 Butterfly	100 Butterfly	(M) 800 Free	(M) 800 Free	(M) 800 Free
	(M) 800 Free			
200 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay	

(M) = Event being swum by Men only / (W) = Event being swum by Women only

2012 FAR WESTERN DAILY ORDER OF EVENTS

WEDNESDAY, August 1st, 2012		
Girl's Events	Event Age Group & Description	Boy's Events
1	11-12 200 Backstroke	2
3	13-14 200 Backstroke	4
5	15-16 200 Backstroke	6
7	17-18 200 Backstroke	8
9	11-12 100 Freestyle	10
11	13-14 100 Freestyle	12
13	15-16 100 Freestyle	14
15	17-18 100 Freestyle	16
17	11-12 50 Breaststroke	18
201	11-12 400 IM (W)	
	13-14 400 IM (W)	
	15-16 400 IM (W)	
	17-18 400 IM (W)	
202	11-12 1500 Freestyle (M)	
	13-14 1500 Freestyle (M)	
	15-16 1500 Freestyle (M)	
	17-18 1500 Freestyle (M)	
	19	
21	15-18 400 Freestyle Relay	22

FRIDAY, August 3rd, 2012		
Girl's Events	Event Age Group & Description	Boy's Events
53	10 & Under 200 IM	54
55	11-12 200 IM	56
57	13-14 200 IM	58
59	15-16 200 IM	60
61	17-18 200 IM	62
63	10 & Under 50 Freestyle	64
65	11-12 50 Freestyle	66
67	13-14 50 Freestyle	68
69	15-16 50 Freestyle	70
71	17-18 50 Freestyle	72
205	10 & Under 400 Freestyle (M)	
	11-12 400 Freestyle (M)	
206	13-14 400 Freestyle (M)	
	15-16 400 Freestyle (M)	
	17-18 400 Freestyle (M)	
	208	
13-14 1500 Freestyle (W)		
15-16 1500 Freestyle (W)		
17-18 1500 Freestyle (W)		
73	11-12 200 Free Relay	74
75	13-14 200 Free Relay	76
77	15-18 200 Free Relay	78

THURSDAY, August 2nd, 2012		
Girl's Event	Event Age Group & Description	Boy's Event
23	10 & Under 100 Backstroke	24
25	11-12 100 Backstroke	26
27	13-14 100 Backstroke	28
29	15-16 100 Backstroke	30
31	17-18 100 Backstroke	32
33	10 & Under 50 Breaststroke	34
35	11-12 200 Breaststroke	36
37	13-14 200 Breaststroke	38
39	15-16 200 Breaststroke	40
41	17-18 200 Breaststroke	42
43	11-12 50 Butterfly	44
45	10 & Under 50 Butterfly	46
203	11-12 400 IM (M)	
	13-14 400 IM (M)	
	15-16 400 IM (M)	
	17-18 400 IM (M)	
204	11-12 800 Freestyle (F)	
	13-14 800 Freestyle (F)	
	15-16 800 Freestyle (F)	
	17-18 800 Freestyle (F)	
47	11-12 400 Medley Relay	48
49	13-14 400 Medley Relay	50
51	15-18 400 Medley Relay	52

SATURDAY, August 4th, 2012		
Girl's Events	Event Age Group & Description	Boy's Events
79	10 & Under 200 Freestyle	80
81	11-12 200 Freestyle	82
83	13-14 200 Freestyle	84
85	15-16 200 Freestyle	86
87	17-18 200 Freestyle	88
89	10 & Under 100 Freestyle	90
91	11-12 200 Butterfly	92
93	13-14 200 Butterfly	94
95	15-16 200 Butterfly	96
97	17-18 200 Butterfly	98
207	10 & Under 400 Freestyle (W)	
	11-12 400 Freestyle (W)	
209	13-14 400 Freestyle (W)	
	15-16 400 Freestyle (W)	
	17-18 400 Freestyle (W)	
	99	
101	11-12 400 Free Relay	102
103	13-14 800 Free Relay	104
105	15-18 800 Free Relay	106

SUNDAY, August 5th, 2012		
Girl's Events	Event Age Group & Description	Boy's Events
107	10 & Under 100 Breaststroke	108
109	11-12 100 Breaststroke	110
111	13-14 100 Breaststroke	112
113	15-16 100 Breaststroke	114
115	17-18 100 Breaststroke	116
117	10 & Under 50 Backstroke	118
119	11-12 50 Backstroke	120
121	13-14 100 Butterfly	122
123	15-16 100 Butterfly	124
125	17-18 100 Butterfly	126
127	10 & Under 100 Butterfly	128
129	11-12 100 Butterfly	130
	11-12 800 Freestyle (M) 13-14 800 Freestyle (M) 15-16 800 Freestyle (M) 17-18 800 Freestyle (M)	210
131	10 & Under 200 Medley Relay	132
133	11-12 200 Medley Relay	134
135	13-14 200 Medley Relay	136
137	15-18 200 Medley Relay	138



2012 FAR WESTERN
INDIVIDUAL TIME STANDARDS
available at:

http://www.pacswim.org/12_FW_TIME_STANDARDS.pdf

RELAY TIME STANDARDS
available at:

http://www.pacswim.org/12_FW_relay.pdf



Relay Events are swum at the end of finals.

(M) = Event being swum by Men only

(W) = Event being swum by Women only

Notice: This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**INDIVIDUAL CONSOLIDATED ENTRY FORM
2012 Pacific Swimming Long Course Far Western Championships**

To be accepted, all entry information must be completely filled out.

Last Name			First Name			MI
LSC CODE		Club Abbreviation	Club Name			
Age	Age Group	Gender M / F	Date of Birth / /		USA-S Registration Number	
Event #	Distance/Stroke			Enter Time and Course Qualifying Entry Time LCM, SCY or SCM	*PROOF OF TIME: Proof of time is required per Pacific Swimming rule Section 4.C.2. Swimmer must have met the listed Far Western - Pacific Swimming time standard in any course for each event entered. All entry times will be verified against the USA Swimming SWIMS database. If the time cannot be proven prior to the meet, the swimmer will not be allowed to check-in for the event until the entry time has been proven. Swimmers from foreign swim federations must prove ALL their times before being allowed to check-in.	
Swimmer's Coach			Total Entries _____ x \$5.50	\$		
Swimmer's Address			Participation Fee	\$10.00		
Swimmer's Email Address			Total Due	\$		
Swimmer's Phone ()			Checks Payable to: West Coast Aquatics			

MAIL ENTRIES TO:
 WEST Meet Director
 2540 Yerba Hills Court
 San José, CA 95121

LATE ENTRIES WILL NOT BE ACCEPTED
 Online Entry: <http://ome.swimconnection.com/pc/west20120801>

Entry questions: vernhernwest@gmail.com
 Mail deadline postmarked: **Mon., July 23, 2012 Midnight PST**
 Hand delivered/overnight received by: **Wed., July 25, 2012 9:00pm PST**
 Online entry:..... **Wed., July 25, 2012 11:59pm PST**

Team Relay Entry Form
2012 Pacific Swimming Long Course Far Western Championships

***To be submitted by Team**

Team Name		LSC	Team Abbr
Coach	Contact Phone and Email		Amount Enclosed
			# of Relays _____
			Total \$ _____

10 & Under Age Group Relays

Event #	Event	Team Entry Time		
		A	B	C
99	Girls 200 Free			
100	Boys 200 Free			
131	Girls 200 Medley			
132	Boys 200 Medley			

11-12 Age Group Relays

Event #	Event	Team Entry Time		
		A	B	C
47	Girls 400 Medley			
48	Boys 400 Medley			
73	Girls 200 Free			
74	Boys 200 Free			
101	Girls 400 Free			
102	Boys 400 Free			
133	Girls 200 Medley			
134	Boys 200 Medley			

13-14 Age Group Relays

Event #	Event	Team Entry Time		
		A	B	C
19	Girls 400 Free			
20	Boys 400 Free			
49	Girls 400 Medley			
50	Boys 400 Medley			
75	Girls 200 Free			
76	Boys 200 Free			
103	Girls 800 Free			
104	Boys 800 Free			
135	Girls 200 Medley			
136	Boys 200 Medley			

NOTE: There are no 15-16, 17-18 relays offered at this meet. 15-18 relays are offered & will be awarded as one age group.

15-18 Age Group Relays				
Event #	Event	Team Entry Time		
		A	B	C
21	Girls 400 Free			
22	Boys 400 Free			
51	Girls 400 Medley			
52	Boys 400 Medley			
77	Girls 200 Free			
78	Boys 200 Free			
105	Girls 800 Free			
106	Boys 800 Free			
137	Girls 200 Medley			
138	Boys 200 Medley			

MARK ALL ENTRY TIMES WITH "LCM" (long course meters), "SCY" (short course yards), OR "SCM" (short course meters) TO THE RIGHT OF YOUR ENTRY TIME.

Relays are \$20.00 per relay team entered.

RELAYS & RELAY ONLY SWIMMERS MAY BE ENTERED ONLINE

<http://ome.swimconnection.com/pc/west20120801>

Online entries are due by 11:59pm on Wed, July 25, 2011.

MAILED ENTRIES TO:
(Relay only and swimmer
entries)

WEST Meet Director
 2540 Yerba Hills Court
 San José, CA 95121

Mailed entries must be Postmarked by Monday, July 23, 2012.
 Hand delivered entries must be received by 9:00 pm on
 Wednesday, July 25, 2012.

LATE ENTRIES WILL NOT BE ACCEPTED.
No Fax Entries will be accepted.
Team Check Must be Enclosed with Entries.

Page 2 of 2 of Team Relay Entry Form